

## The 7 Chakras and Endocrine Glands

Each of the chakras in the body are paired with an endocrine gland and governs its function. So before we go any further, here are each of the chakras, their corresponding gland, and their function.

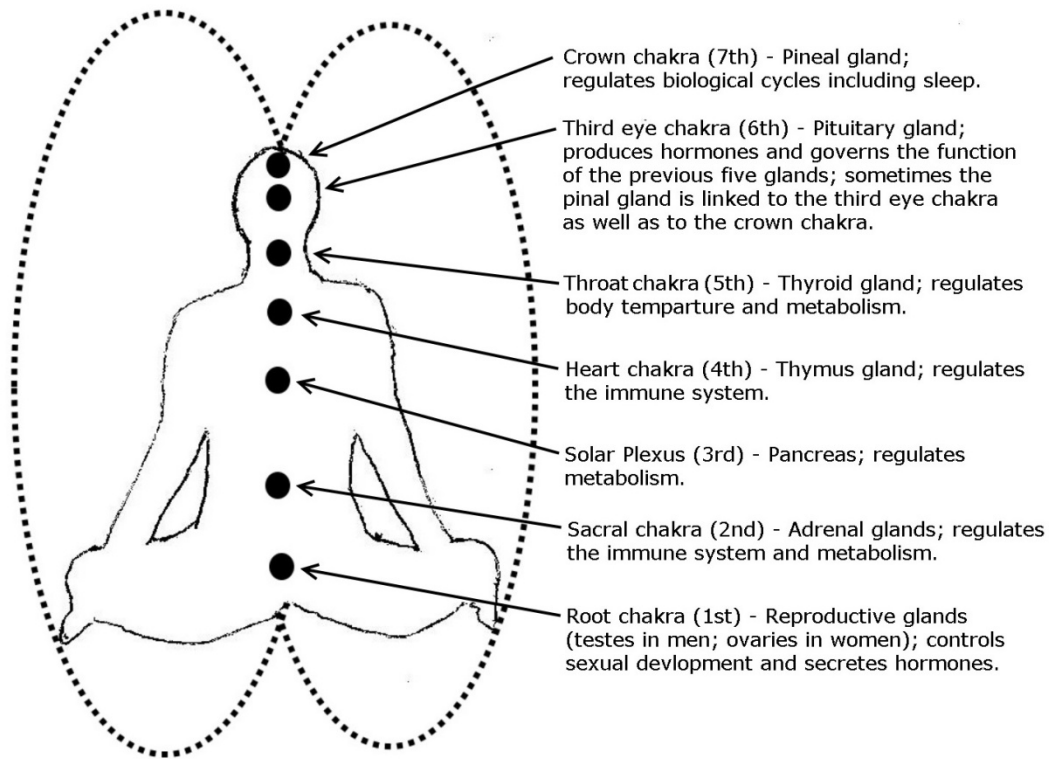


figure 30